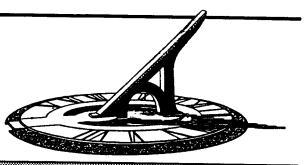
The

SUNDIAL



NEWSLETTER OF THE INGLESIDE TERRACES HOMES ASSOCIATION.

SPRING 1991

ITHA • P.O. Box 27304

San Francisco •

California • 94127

NEIGHBORHOOD NOTES

This year promises to be an exciting one. Your Ingleside Terraces Homes Association (ITHA) Board of Directors is at full strength for the first time in several years. Our numerous committees, provide opportunities for involvement in many areas of interest; why don't you select one and volunteer? Committees activities planned this year include:

Social Committee: This year's ambitious social plans will expand last year's successful program with the addition of several new activities. Kerry Daly and Cheryl Thanos are congratulated for their imaginations and hard work putting the program together.

Parks & Gateways: From great successes in '90, goals this year include additional improvements at Terraces miniparks and nurturing new gateway and sundial plantings. Special thanks to Dennis Duca for his valiant efforts.

Newsletter: The newsletter has a new look and a new (the original) name. We owe Vicki Pate our thanks for the new, more professional look. Since joining the Board last year as editor of the newsletter, her energy has been an inspiration

INSIDE THIS ISSUE:

Aptos Middle School News

How to start a Neighborhood Crime Watch

How to apply for Permitted Street Parking

Restaurant Review

Gardening during the Drought

And Much More...

to all of us.

Covenants: Bob Mosher has generously agreed to take over the covenants committee. Committee focus is on helping residents deal with nuisances such as Terraces homes used for boarding houses and businesses disruptive to the residential nature of our neighborhood.

Fence Committee: To further the ITHA policy of enforcing our fence covenants fairly, this committee is developing a method of prioritizing action on front-yard fences. (Details will follow in future newsletters) Thanks go to Peter Rockwell and to Mary Notas-Votto.

Traffic: The traffic committee is chaired by Noel Cummins.

One of his committee's major goals is to coordinate speed bump and stop sign placements with various responsible city agencies, while both helping to improve our safety and keeping added nuisances to a minimum. Noel is also working with the OMI traffic committee on areawide concerns.

Membership: Bob Rubin, the membership committee chairman, faces a great challenge: increasing our already record membership! So lets all make his job easier - renew today!

(New) Safety Committee: Newly formed, the safety committee is chaired jointly by Abigail and Brian Reagan. They will coordinate with indi-

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viduals willing to be block leaders in implementing SFPD's **Project Safe** throughout the Ingleside Terraces. Project Safe is San Francisco's neighborhood-watch program.

(New) Police Liaison: Mary Notas-Votto has also volunteered to act as liaison between ITHA and SFPD. One of her duties is to advise Terraces residents seeking preferential parking status for their blocks.

(New) Historian: Returning Board member Marsha Fontes will be our Historian. Besides putting or archives into shape (Volunteers: she'll need help with this one), Marsha plans to apply her journalistic skills on a column in the newsletter. Look forward to bits of colorful Ingleside Terraces history in future issues.

(New) Garden Committee: In spite of the "D"-word, many Ingleside Terraces residents have kept their pastures greener. Several of our most successful gardeners will be singled out for special recognition. Hopefully, they will share in a few of the "secrets" from the "fruits" of these labors.

As a final note in this, my first, "president's" column, the ITHA extends special appreciation to Barry Clagget (president emeritus). Barry took over the ITHA presidency during fairly turbulent times and has nurtured it into a revitalized and dynamic organization. The ITHA Board of Directors is fortunate that he has agreed to stay on in an advisory capacity.

-Blair I. Horst, President

LETTER from the EDITOR

Well, Happy New Year!

We start the new year with a new look, a new name and an emphasis on neighborhood. In this issue of our newsletter we talk about personal security and what a neighborhood could do to ensure its safety, the success of our neighborhood school as city-wide baseball champions, drought tolerant gardening, and our tree planting project. We also have another restaurant review for you.

The ITHA Board has committed itself to fostering a community spirit for the Terraces. We want our associations with each other to reflect the true meaning of the word "neighborhood". To this end, we wish to welcome all new members to the Homes Association and remind the others that it is not too late to return your dues envelope (Membership is only \$25 a year). We also want to thank all those who attended our annual meeting in November. It is only through the interest and participation of our membership that your Board can be successful. We truly appreciate your support.

We start this year with new leadership and renewed enthusiasm. Please, attend our meetings, share your thoughts and ideas, join your association—be part of the community!-v.s.pate

And, on a

SOCIAL NOTE



We're open to ideas!

If you have any ideas for social events — do tell! We would love to hear from you.

Kerry Daly - Cheryl Thanos P.O. Box 27304 San Francisco, CA 94127

1990 ANNUAL MEETING: A GAMBLE

The ITHA Annual Meeting is generally speaking, a crap-shoot. We can invite over 700 residents to the meeting, formally, informally and then a third time, and hope 30 neighbors will attend. Well, the 1990 Annual Meeting was a winner. Approximately 50 of your neighbors attended and exhibited care, concern and support of the neighborhood. Mrs. Frieda Vennemeyer of Entrada, who has resided in the Terraces for well over 42 years attended with two friends, Mrs. Selmi and Mrs. Kueper, who also hold records for Terraces longevity. Others who had only been living in the Terraces a few months came to learn more about the who, what, when and where of ITHA.

President Barry Clagett conducted the lively meeting. Having served on the Terraces Board for four years, President Clagett took the opportunity to acknowledge the Board and pass the gavel to his successor, Blair Horst. At that point, each Board Member extemporaneously praised

Barry for the tremendous job he has done consistently for the Board and the neighborhood. Barry Clagett gave, unstintingly, of his time and talents for the continued improvement and enhancement of the neighborhood. Let it be known, The Terraces are a much better place thanks to the many efforts of outgoing President, Barry Clagett.

Under new business came the order of nominating new board members. The ITHA Board is delighted to welcome the following new board members: Margo Beames (Urbano), Bob Mosher (Paloma), Marcia Fontes (Junipero Serra), and Abigail and Brian Reagan (Urbano). Welcome aboard!

The meeting ended on a social note. Social Chairperson, Cheryl Thanos organized coffee and assorted desserts for all to enjoy.

The meeting was a large success and the attendees were the neighbors we are all lucky to have. Hope to see <u>you</u> there next year! -Kerry Daly.



Welcome to the neighborhood, House of Parvis!

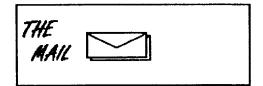
Lakeside Village is the site of a welcomed new restau-

rant. The stylish Italian restaurant has an extensive menu ranging from appetizers, salads, pasta and pizza as well as more elaborate dishes like canneloni de Mare, involtine, chicken lasagna and veal parmesian. Our family of four was appreciative of the attention to detail and efficiency of our waitress.

As a native San Franciscan, it is difficult to rate any-

thing comparable to North Beach—but, the spaghetti carbonara (\$6.95) was the best this side of North Beach! The linguini pescatore (\$8.95) was superb – prawns, snapper, calamari and baby clams in a perfect red sauce. Desserts looked enticing and will have to be sampled upon our return. The restaurant offers a wide selection of coffee drinks and has a small, well rounded wine/beer selection.

House of Parviz 2642 Ocean Avenue (564-8200) Open Mon-Th 11am - 9:30pm Fri-Sat 11am - 10pm, Closed Sunday



Dear Editor,

I attended the annual Meeting in November and was shocked to hear about muggings in broad daylight near my home. Can't we publish this kind of information in the newsletter?

B.Z. Urbano

Dear BZ.

We would be grateful for information from any neighbor that would be of interest or concern to the rest of the neighborhood. We did publish one such article in the Summer '90 issue titled "Neighborhood Alert". Contact the new ITHA Saftey Committee, if you'd like to help prevent such occurances in the future. -Editor

Dear Editor,

Could someone compile a list of closest recycling sites in our neighborhood? Much appreciate it.

M.O. Estero

Neighbors?

Dear Editor,

Sure our neighborhood is quiet, calm and peaceful. But don't be lulled into a false sense of security. Be aware and be safe. Be cautious if you are walking after dark. It's 1991—this is San Francisco—you need to lock doors and take precautions. We don't say this to intimidate, just to forewarn. We're for a safe neighborhood.

Paloma

APTOS NEWS:

Sports and Celebrations

City champions, the Aptos Tigers baseball team this year went undefeated in their seven game regular season and they breezed through the playoffs. This is a summary of the Aptos season.

Aptos started out the first game of the season very shaky. They were being shut out 4-0 in the fourth inning. But, after Aptos had scored five runs to take the lead, pitcher, Julian Racklin belted a two run homer to cap off the scoring in Aptos' seven run inning and set the tone for a 10-4 comeback.

Aptos beat Visitation Valley 28-0 as Jason Cooley pitched a nohitter in the second game of the season. After that, they went on to defeat their arch rival, Hoover, by a score of 4-1. Jason Cooley was the winning pitcher again. The next game found Aptos against the unbeaten A.P. Giannini team. Once again, Aptos prevailed—this time by a score of 9-6. After that they went on to wallop Denman, Martin Luther King, and James Lick. In the playoffs Aptos defeated Potrero Hill 7-3 and moved on to the championships.

Aptos played well in the championship game. Second baseman, Etan Zaitsu, hit a home run—sparking the offense, while Mike Theoharis lit up the defense with two great catches in center field. Julian Racklin came in to strike out the Marina clean-up hitter with two outs, the bases loaded, and the winning run at the plate, to make Aptos the city champions for the fourth time in ten years! — Jason Horst

APTOS SPOTLIGHT SHOW

Aptos Middle School is putting on a spotlight talent show on May 10th. The show features a variety of acts from dance to drama. Tickets will be sold to the public starting in April at Aptos. The show will kick off the school's 60th Anniversary celebration. Come join us!

IN MIEMORIUM

It is with deep regret that we announce the passing of long time Terraces resident. Mrs. Martin Mrs. Martin lived in Ingleside Terraces since 1922. We are grateful to her for submitting an article about htose bygone days for our Summer 1990 newsletter. Mrs. Martin was, 99 years old. She will be fondly remembered by all who

GARDENING IN A DROUGHT

by Stan Gould, 73 Estero Avenue

In the fall of 1989, soon after our move to the Terraces, we decided to "xeriscape" our front yard rather than to respond to the continuing drought with a brown and dying lawn such as are, for good reason, now seen everywhere.

A xeriscape is a garden using droughtresistant plants rather than water hungry lawn grasses and other exotics. Gardening books and columns are full of information about this. I am no authority on the subject, but enough passers-by have asked about our front year that I am happy to pass along what I have learned.

All the plants in our front yard are native to our dry California climate or to similar locations elsewhere in the world, meaning they have adapted to long dry seasons. They are available in most nurseries. Most of them grow slowly, but ours have covered well in one year, with dry season watering just once a month. The key to watering in dry climates is to water infrequently but deeply. Frequent light watering encourages plants to keep their roots at shallow levels-you are training them to do that. Infrequent deep watering encourages deep root growth so that the plants do just fine in the long intervals between watering, and make it through even if a watering is missed. A rule of thumb for all droughtresistant plants is never water with a hand held hose. Get a timer for your hose, set it for 30 to 60 minutes of sprinkler watering and then forget further watering for at least a month (except, of course, for newly setout plants that are not yet well established).

Plants in our yard include various thymes, lavenders and sedums; ground morning glory; aptenia; mesanbranthemum (careful, it's invasive); agapanthus "Peter Pan"; creeping rosemary; dymondia; Festuca

TREE PLANTING — PROS & CONS

The benefits of trees are evident to most of us. Trees fight pollution by filtering particles from and releasing oxygen into the air. They block wind and absorb traffic noise, enhance property value, increase privacy and screen barren or unattractive areas. Trees create relaxing, beautiful spaces, reduce reflected heat and glare, control erosion, and add seasonal fragrance and color. A neighborhood tree planting can build community spirit and create neighborhood unity.

Most of the arguments against trees have easy solutions. These are:

- 1) Trees crack sidewalks. This can be avoided by selecting proper species, providing good maintenance and using root guards.
- 2) Tree roots invade underground utilities and pipes. This can be avoided by selecting appropriate species and complying with city ordinances.
- 3) Tree basins accumulate debris and attract animals. This can be avoided by installing bricks in the basin.
- 4) Trees create mess. This can be avoided by selecting evergreen trees that do not drop leaves, flowers or fruit.
- 5) Trees attract vandalism. This can be avoided by installing wire mesh around the tree's crown for the first few years.
- 6) Trees are expensive. The Friends of the Urban Forest's charge is 1/2 the cost of having a contractor install a tree and less than the cost of doing it yourself.
- 7) Trees waste water. A young tree needs 15 gallons of water a week. This is equivalent to 2% of the average person's weekly water use. Additionally, trees promote rainfall by slowing wind evaporation and generating moisture into the air. There are also many varieties of drought resistent trees available.
- 8) Trees require expensive maintenance. The cost of maintaining your tree is a fraction of the amount it will add to your property value. In addition, a regular maintenance program can keep costs low.
- 9) Our sidewalks are too narrow. FUF has agreed to let us plant the trees on our lawns adjacent to the sidewalk, so as not to eliminate needed walking space.

We have not gotten enough of a response to our tree planting proposal. We must have at least one person from each street to canvas the neighbors to determine neighborhood interest. Our deadline is March 31st. If we get a decent response, we will proceed will less than our neighborhood wide goal. Won't you please contact us today? — VS Pate

DROUGHT GARDENING Continued From previous page

glauca; butterfly iris; mugo pine and manzanita "uva-ursi". Don't let Latin names turn you off; most of these plants will look familiar to you.

Establishing such a xeriscape in most Terraces yards will require a bit of work in soil preparation. Old dead lawns are heavily thatched with a massive impenetrable root layer. This must be scalped off. Below, the local soil is probably heavily compacted from many years of being undisturbed. Heavy work with a mattock is needed to break this up to a considerable depth. Rototillers will ride along the top of the compact layer and will not break it up. Plants set out in small holes in compacted soil will never send out the wide and deep-ranging roots you are after. Once worked, the soil will then need a generous application of humus, such as redwood soil conditioner. Use plenty, and work it in well. Also add plenty of steer manure.

Gardening being my passionate hobby, I find all of the above to be fun, as is the subsequent setting out, care and enjoyment of the plants. If I can share any more information with you, please stop by. Our phone number is 586-5626. Mary Lou and I enjoy talking gardening, and there may be things of interest to you in our back yard, too.



HOW TO START A NEIGHBORHOOD CRIME WATCH

All over the country civilians are mobilizing to supplement their police departments. Below are a few pointers for starting a neighborhood crime watch.

The newly formed ITHA Safty Committee is seeking volunteer block leaders to help implement Project Safe throughout the Terraces. As a block leader you will be responsible for coordinating a meeting between Project Safe police representatives and near-by neighbors. The officer will want to know any specific concerns prior to the meeting so that he/she can design an appropriate presentation. Specific rules and training procedures will be provided at the meeting. However, most crime prevention officers agree on these guidelines for a successful neighborhood watch:

- Post "neighborhood watch" signs (provided by Project Safe).
 Once a neighborhood watch is in place, a message is sent to criminals.
- Get to know your neighbors and neighborhood better. Suspicious activities will be easier to spot.
- Investigate any unfamiliar or suspicious behavior. Look for unfamiliar cars or faces. Check them out with neighbors, then contact the police.
- In some urban areas, one to two hour foot or motor patrols of 2 or 3 people during peak crime hours is sometimes recommended. Remember to patrol alleys.
- Report unsafe conditions like broken street lights, damaged electrical wiring and missing signs to the appropriate municipal department. (See list of Public Works phone numbers in the Winter '90 newsletter.)
- Don't let up. When the issues that bring a group together appear to be solved, participation often tapers off. To be effective, the effort must be continual.

Volunteer block leaders, please write to: ITHA Safety Committee, PO Box 27304, SF 94127.

PERMIT PARKING PROGRAM

Interested in requiring parking permits for your street? Here are step by step instructions for the process:

Step 1. Start a petition (sample below) with a minimum of 50% of the households on your block signing. Only fifty percent response is necessary, but it is helpful to have more. That way, if there are any objections at the public hearing, you have a greater chance for approval. You only need one signature for each address, but be sure that only adults are signing.

At the top of your petition, be sure to indicate clearly the name and phone number of the designated contact person that will be in touch with the Traffic Engineering Department.

SAMPLE PETITION:

WE THE UNDERSIGNED RESIDENTS
HEREBY REQUEST THAT AREA H
PREFERENTIAL PARKING BE
EXTENDED TO INCLUDE OUR BLOCK(s)
(NAME OF STREET(s) FOR 1 TO 2
HOURS (DEPENDING ON PREVIOUS
BLOCK PARKING LIMIT) ONLY.

NAME: ADDRESS: 1. --- ------- 2. --- -------

STEP 2. Submit signed petition
to: Department of Parking & Traffic
Traffic Engineering & Operations
Attn: Stanley Chin
460 McAllister Street
San Francisco, CA 94102

Make sure to keep a copy of the signed petition!

<u>STEP 3.</u> Traffic Engineering will then do a parking survey to verify addresses, etc.

STEP 4. Traffic Engineering Commission submits proposal for a public hearing. (You will receive all information by mail.)

STEP 5. Petition goes to Board of Supervisors for approval—three Supervisors only. Then, to the full Board for final approval.

STEP 6. Mayor signs legisla-

STEP 7. Approved, it goes back to the Traffic Engineering Department. They send letters to all residents on the block offering them Area H Parking Permits at a cost of \$16.00 for the first year and \$13 for renewals.

The purchase of these permits is optional. You will need them only if you plan to park on the street for more than 1-2 hours during the specified time period. You can also purchase "guest permits" which are valid for two weeks at a cost of \$2 each.

If you have further questions feel free to contact me at 584-6702. - Mary Notas-Votto

A SAFE PLACE FOR YOUR MONEY

There has been increasing publicity about the condition of our banking system and the overall credit worthiness of America. Afterall, the percentage of under capitalized banks (equity to assets of under 5%) has expanded to 20% in 1990 from less than 2% in 1980. In addition to numerous defaults in the commercial paper market, there has been a sharp acceleration in corporate bankruptcy filings in recent months. The 80's "takeover of the day" seems to be transforming into the "bankruptcy of the day" in the 90's. The chronic budget problems on the federal level are spreading to the state and local levels around the country.

In these uncertain times, there are alternatives to banks for those who prefer absolute safety for their capital. A viable alternative to non-insured taxable money market (MM) funds are government only (MM) funds. Many firms offer this alternative. These funds offer the same convenience of normal taxable funds and though the interest rate paid in lower, the interest is not

state taxable and thus much of the interest difference in offset. Do not confuse this with Government National Mortgage Association (Gennie Mae) funds. Though government backed, GNMA funds are state taxable and the net asset value is subject to fluctuation. Municipal Money Market Funds provide higher after tax return than either taxable or government only funds, but involve a higher degree of credit risks than the average investor is aware.

As for longer term fixed income investments, U.S. Treasury Notes that pay interest semi-annually may prove to be a better alternative to CD's or corporate bonds. They offer a superior credit, greater liquidity, and they are not state taxable. Notes can be purchased for two to ten year terms through banks, discount or full service brokers and at auctions directly from the Federal Reserve Bank of San Francisco.

If you have any questions about this or other investment matters, please write to: ITHA- Money Matters, PO Box 27304, SF 94127. All questions and answers will be printed in subsequent newsletters, anonymously.•

INGLESIDE TERRACES NEIGHBORHOOD

NEWSLETTER

ENCLOSED.
PLEASE READ!!

The Sundial

Ingleside Terraces Homes Association P. O. Box 27304 San Francisco, CA 94127

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NEIGHBOR

Don't forget to mark your calendar for our Annual Bar-B-Q and Pot luck. We want to see you there!

